

Freedom Calls ...

At some point you learned how to smoke, now it can be time for you to **learn how to QUIT.**



Question - How are you going to do this?

Answer - Join a tobacco cessation group.

***With - *Dr. Wayne Strouse**, Main Street Family Medicine

***Amy Gulick**, Pharmacist, Village Drug in Penn Yan

***Kathy Swarthout**, Yates County Public Health

***When** – Tuesday evenings, 6:30 – 8:00 Pm for 8 weeks, starting **June 4, 2019**

***Where** – **Village Drug**, 126 Main Street, Penn Yan

***How** - To learn more and **to register, contact Kathy** at Yates County Public Health, 8:00 Am – 4:00 Pm at **315-536-5160**.



at last; to breathe in fresh air and to gain back control of your brain from Big Tobacco.

*Main Street
Family Health*

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Village Drug

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