



Yates County
Children and Youth Single Point of Access (C&Y-SPOA)

What is SPOA:

The Single Point of Access (SPOA) is a centralized intake process for referrals for high-intensity mental health services for children and youth who have been diagnosed with a serious mental illness and whose illness interferes with their ability to function in the community, home, school, and/or work. The overall goals include fostering independence and improving the quality of life for consumers of mental health services.

What SPOA Does:

The purpose of the SPOA is to manage access to high-intensity mental health services, provide a forum for improved collaboration among community service providers, and identify and promote community-based alternatives to residential treatment and psychiatric hospitalization. As a part of the SPOA process, stakeholders in the community mental health service system meet on a regular basis to ensure that individuals who are referred are matched to the appropriate level of service based on need. Provisions are made to incorporate and consider recipient preferences and choices.

Who is involved in the SPOA Meeting?

The Single Point of Access Committee for Children and Youth is made up of a group of local professionals that meets to discuss referrals and to develop recommendations and refer the child/youth to the appropriate resource/program. The core members of the SPOA committee in Yates County include:

Parent/Guardian of the child/youth that has been referred

SPOA Coordinator

Yates County Department of Social Services Representative

Parent/Family Support Representative from Aspire Hope NY

Pathways Inc. Home and Community Based Services; Children and Family Treatment

Support Services; High Fidelity Wraparound Representatives

CHHUNY Care Manager Representatives

Elmira Psychiatric Center Care Manager Representative

Conable/Lake Breeze Community Residence Representative

Kinship SHAPE Representative

Catholic Charities Targeted Regional Permanency Center Representative

Yates iNSYGHT Representatives

Yates County Adult SPOA Coordinator

*Additional providers or individuals may be invited to attend the meeting. These people may include school personnel, mental health providers, probation/PINS officers, school counselors, CSE representatives, etc. The parent/guardian is also welcomed to invited additional professional supports.

As with any collaborative meeting, respect for the client confidentiality will be given the utmost priorities.

What to expect at the meeting:

At the meeting, the referral source and/or the SPOA coordinator will provide a five-ten minute executive summary of the child/family needs, with input from the family members. The information presented will be as inclusive as is necessary to provide adequate information to the committee.

Committee members will then be expected to provide input and recommendations regarding the child/youth. These recommendations may pertain to specific service providers by one of the agencies represented or to other services in the community.

Who is eligible?

Any Yates County child/youth between the ages of 5-18 (21 if still in high school) with significant mental health, behavioral, or other related concerns would be appropriate for a SPOA referral.

Referral Process:

Any interested professional involved with or concerned about a child may make a referral with parental/legal guardian consent. A parent/guardian may also directly refer their child/youth if they can provide clinical documentation as well as showing qualifying diagnosis.

The referral packet will be reviewed and the family will be contacted for an initial assessment appointment (by phone or in person). Further details about the SPOA process will be discussed with the family at the time of the appointment.

*Please include any pertinent information if available (i.e. copies of psychological evaluations, mental health assessments, hospital discharge summaries, CPEP evaluations, IEPs etc.) This information is vital to the timely and accurate completion of the SPOA assessment.

Questions can be directed to the SPOA Coordinator, Lisa Principio at 315-536-5116

or 315-719-8327 (cell).

Referral packets can be scanned and emailed to: lprincipio@yatescounty.org

Faxed to: 315-536-5149

Mailed to:

Yates County Community Services

Attn: Lisa Principio

417 Liberty St. Suite 1053

Penn Yan, NY 14527

Yates County Children & Youth Services

Health Homes Care Coordination: Through Health Home Care Management, an individual is assigned a care manager to assist and guide an individualized comprehensive plan of care that entails social/emotional well-being, physical health, and behavioral health supports.

Kinship SHAPE: SHAPE (Supportive Home and Parent Enrichment) is a family preservation service that helps families improve relationships and keep families together.

- **Home Based Crisis Intervention:** Intensive in-home services provided multiple times per week for the child and family. This is a short term service meant to stabilize the child.
- **Skill Building:** Skill building works with the child or youth and possibly their siblings on coping skills, goals, independent living skills, self-care and other activities that support the child or youth.

Children & Family Treatment Support Services (CFTSS):

- **Psychosocial Rehabilitation (PSR):** Youth Service Providers work with youth in the community to improve social skills, daily living skills, and rehabilitative functioning skills.
- **Community Psychiatric Support & Treatment (CPST):** Senior Youth Service Providers deliver psychoeducation, supportive counseling, and intensive support services to assist youth in developing coping skills, regulating emotions, and intensive rehabilitative skills.
- **Other Licensed Practitioner (OLP):** This service allows licensed Clinical Therapists to provide individual, family, and group counseling in the youth and family's home to best meet the needs of the family. A treatment plan is developed to improve the youth's behavioral, emotional, and social functioning.
- **Family Peer Support Services:** A Credentialed Family Peer Advocate/Certified Recovery Peer Advocate provides support and assistance with local information and resources, and building and strengthening natural supports.
- **Youth Peer Support Services:** A Credentialed Youth Peer Advocate provides support and assistance with local information and resources, and building and strengthening natural supports.

Home and Community Based Services (HCBS):

- Caregiver and Family Supports and Services
- Community Self- Advocacy Training and Support
- Supported Employment
- Respite-Planned
- Respite- Crisis

High Fidelity Wraparound: High Fidelity Wraparound (HFW) serves youth ages 5 to 20 who reside in Yates County, have a diagnosed Serious Emotional Disturbance, are involved in behavioral health services and/or multiple child-serving systems, and have emerging or imminent risk of disruption of living situation, childcare, or school placement due to behavioral needs. The youth and family must be willing to actively participate in the intensive process throughout its four phases. All youth eligible for High Fidelity Wraparound will be assessed for Medicaid eligibility.

Community Residence: This level of care serves children & youth who are experiencing emotional difficulties and have reached a level of stability and recovery in other inpatient and residential settings which enables them to live with others in a community-based setting, attend local schools, and participate in community, cultural, and social opportunities.

Residential Treatment Facility Programs: This level of care is the highest available to children and typically the lower levels of community based services have been exhausted prior to this. The SPOA committee is available to provide support for this recommendation, if deemed appropriate, but does not actually complete the RTF referral. A provider working with the family must complete it and send it to the Office of Mental Health Pre-Admission Certification Committee (PACC) for final determination.