

DEC 2022

Ready to improve your skills and start on your ideal career?

NYSDOL is offering FREE virtual workshops on resume writing, interviewing, transferable skills and more.

Sign up for a virtual workshop today!

NYSDOL STATEWIDE VIRTUAL WORKSHOPS

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Social Media Featuring LinkedIn 11 am – 12:30 pm Using Age to Your Advantage 11 am – 12 pm Interviewing Techniques 1 pm – 2:30 pm	2 Salary Negotiation 11 am – 12 pm Chat with an Employment Counselor 1 pm – 2 pm
5 Job Search Strategies 11 am – 12 pm Managing Job Loss and Moving On 1 pm – 2 pm Transferable Skills 1 pm – 2 pm	6 Writing Effective Cover Letters 11 am – 12 pm Exploring JobZone 11 am – 12 pm Worker Retention Services for Job Seekers with Disabilities 1 pm – 2 pm	7 An Overview of ACCES-VR Services 11 am – 12 pm Networking 11 am – 12 pm Resume Development 1 pm – 2 pm	8 Civil Service 11 am – 12:30 pm Spanish: Estrategias para la Entrevista de Trabajo 1 pm – 2 pm Give Yourself Credit: SUNY Empire State College Information Session 1 pm – 2 pm	9 Chat with an Employment Counselor 11 am – 12 pm The Power of Positivity 1 pm – 2 pm
12 Self-Motivation 11 am – 12 pm SNAP Overview 11 am – 12 pm Time Management 1 pm – 2 pm	13 Learn New Skills with Coursera 11 am – 12 pm Learning about Child Care Assistance Program (CCAP) Overview 1 pm – 2 pm Going to School to Get Back to Work 1 pm – 2 pm	14 Using Age to Your Advantage 11 am – 12 pm Presenting Evidence of Rehabilitation in a Job Interview 11 am – 12 pm Social Media Featuring LinkedIn 1 pm – 2:30 pm	15 Career Assessment & Exploration 11 am – 12 pm SUNY Micro-Credentials 1 pm – 2 pm Interviewing Techniques 1 pm – 2 30 pm	16 Advanced Resume Development / Skills Based Resume Writing 11 am – 12 pm Chat with an Employment Counselor 11 am – 12 pm NYS DOL Resources 101 1 pm – 2 pm
19 Resume Development 11 am – 12 pm Spanish: Cómo Superar la Pérdida de su Trabajo 11 am – 12 pm Writing Effective Cover Letters 1 pm – 2 pm	20 SUNY for All – Online Training Center 11 am – 12 pm Civil Service 1 pm – 2:30 pm Veterans Services and Resources 1 pm – 2 pm	21 Transferable Skills 11 am – 12 pm Job Search Strategies 1 pm – 2 pm Disclosure, Talking to Employers About Disability 1 pm – 2 pm	22 Public Speaking 11 am – 12 pm Networking 1 pm – 2 pm Exploring JobZone 1 pm – 2 pm	23 Chat with an Employment Counselor 11 am – 12 pm
26	27 Managing Job Loss and Moving On 11 am – 12 pm Communication Skills 1 pm - 2 pm Career Assessment & Exploration 1 pm – 2 pm	28 Social Media Featuring LinkedIn 11 am – 12:30 pm Going to School to Get Back to Work 1 pm – 2 pm NYS DOL Training & Supportive Opportunities 1 pm – 2 pm	29 Interviewing Techniques 11 am – 12:30 pm Using Age to Your Advantage 1 pm – 2pm Fostering Access, Rights, and Equity (FARE) for Women Workers 1 pm – 2 pm	30 Chat with an Employment Counselor 1 pm – 2 pm

Pre-Registration Required!
Click on the name of the workshop to register <https://statistics.labor.ny.gov/career-zone/career-calendar.shtml>

WE ARE YOUR DOL



Department of Labor